

Regional Healthcare Foundation

.....a vision of healthy people living in healthy communities

MOTHER TO MOTHER (M2M) is a three-phase mentoring program to support young women who are pregnant or parenting by giving them the resources and skills they need to become successful parents.

We provide them with CHOICES, OPPORTUNITIES, and ACHIEVEMENTS. The Mother-to-Mother mentoring program works with the young women through their pregnancy and the first year of their child's life.

We hold regularly-scheduled activities where the girls can participate in programs that promote the physical and social growth of both parent and child.

We introduce participants to additional services in the community that can help them make choices that will bring about a better life for them. After Phase I (pregnancy) and Phase II (baby's first year) the girls may choose to remain in the program and contract with us to enter Phase III. In Phase III she may retain all the benefits of the program, if she agrees to continue her education or obtain employment. In the fall of 2008 ten M2M girls were enrolled in college! We believe that education will insure a brighter, more secure future for our young families by reducing the level of poverty.

Mother-to-Mother IS NOT a "giveaway program"

- Mother-to-Mother IS an incentive program in which young mothers can EARN baby supplies, equipment and clothing by being good parents and productive members of society.

Mother-to-Mother IS NOT just a "social club" for young moms.

- Mother-to-Mother IS an organization that offers regularly-scheduled opportunities for its participants to come together to ***learn and practice parenting skills and citizenship.***

And yes, we DO have fun while learning and doing positive things!

Mother-to-Mother DOES NOT advocate teenage pregnancy.

- Mother-to-Mother DOES affirm a young woman's choice AFTER she has chosen to keep her child by providing her with education and emotional support through mentoring.

HOW YOU CAN HELP A YOUNG MOTHER

- ◆ VOLUNTEER TO BECOME A MENTOR
- ◆ CONTRIBUTE FINANCIALLY TO M2M

What our young mother say about their mentors:

"She's an understanding person."

"She's always there for me."

"She's nice and fun to be with."

"She's someone I can trust."

"She's easy to talk to."

A FEW INTERESTING FACTS ABOUT THE MOTHER-TO-MOTHER PROGRAM

- ◆ Over forty young mothers from Stoddard County participate in our program.
- ◆ Our youngest mom is sixteen year old high school student, who also works part-time.
- ◆ At least seventeen M2M participants work full or part-time.
- ◆ At least fifteen of your young mothers attend high school or college.
- ◆ All participants learn the value of bonding.

**IF YOU SUPPORT A YOUNG WOMAN'S RIGHT TO CHOOSE MOTHERHOOD,
THE MOTHER-TO-MOTHER PROGRAM NEEDS YOU!**

Mother-to-Mother (M2M) is named for the program's mentoring component that pairs our participants with experienced mothers who are trained to provide advice and emotional support.

Modeled after the Missouri Volunteer Resource Mothers Program, developed at the University of Missouri, M2M has been implemented in our state as well as nationally. The Stoddard County Program began in 2001 with one staff member, a couple of mentors, and a few young moms. Today, M2M has three staff members, twenty plus mentors, more than forty terrific young mothers, and some of the smartest, cutest babies in the world!

M2M is for you IF. . .

- you are pregnant.
OR
- your child is under one year.
- you are 21 or younger.
- you live in Stoddard County.

OUR MISSION

To create healthy young families through education and support services in partnership with the community.

For more information, please call or stop by the office to meet us.

Phone 573-624-1607

Monday - Friday, 9 a.m. - 12 p.m. 1p.m. - 5 p.m.

Mother-to-Mother

is located in the offices of the
Regional Healthcare Foundation
215 W. Grant Street
Dexter, MO 63841

Mother-to-Mother Staff Members

Beth Bischof
Linda Dowdy
Yvonne Hall

Website

<http://www.regionalhf.org>

Email

yvonnehall_m2m@sbcglobal.net

Funding is provided in part by Missouri Foundation for Health, Children's Trust Fund, and the Neighborhood Assistance Program.

Additional support is welcomed and received from churches, community organizations, and individuals.

Mother-to-Mother

A mentoring program for pregnant and parenting girls



Choices

Opportunities

Achievements