

# MOTHER-TO-MOTHER NEWSLETTER

## AUGUST 2010



### Welcome new M2Mers:

- **Cammie Eichmann**, who lives in Dexter, is expecting a child in mid-December.

### New M2M babies:

- **Kylie Michelle**, daughter of **Jantzen Willson**, was born July 7.
- **Harley Peloquin** is the mother of a son, **Weston Allan**, who was born July 8.

### Say a little prayer for

- all our friends and loved ones who seek freedom from pain and hardship. Two of our prayers have been answered now that Danielle's son, Tyler and Rachelle's daughter, Lexi, have recovered from recent surgeries. Lexi's surgery involved a two-day stay at St. Louis Children's Hospital, while Tyler's was an outpatient procedure in Cape. We have also received word from **Jessie Rivera** that the eye surgery to correct a tear duct problem for her daughter, **Alexiyah**, was successful.

### Important Info for Dexter PAT Members

- Sign up for PAT appointments at the M2M Playgroup on August 3.

### Thank you! Thank you! Thank you to

- the members of the Young Eagles organization, who provided us with a generous donation of money that we have used to buy supplies for our Baby Boutique. The Young Eagles organized a "roadblock," where they collected money for our program. We at M2M are always grateful to the many civic groups that donate to our cause, but since the goal of our program is to improve the lives of newly-established families in our area, we especially appreciate help from the youthful citizens of our community.

### Congratulations to

- **Heather Rodgers** and **Angel Mitchell**, who successfully completed their schooling to become licensed practical nurses. They were "pinned" in an impressive ceremony in Sikeston on June 25.

### July STARZ

- **Sarah Hatcher**. During our recent gathering at the Dexter Aquatic Center, we enjoyed talking with **Sarah** and **David** as we sat in the shade and dangled our feet in the cool water. We learned that **Sarah** and **David** are preparing for the future by furthering their educations. **Sarah** has enrolled at TRCC, where she will soon begin classes in early childhood development. **David** is taking advantage of the M2M GED program with hopes of earning his certificate ASAP. We advised this twosome to sit peacefully in the shade during this year's pool outing but told them to be prepared for lots of splashing with their little one when we meet at the pool next year. In the meantime, **Sarah** will have an ultrasound on August 4, which should reveal whether that "little splasher" is a boy or a girl.
- **Jessie Rivera**. **Jessie** and her husband, **Juan**, along with their daughter, **Lexi**, dropped by to see us on their way to a family reunion. Although they did not have time to swim, **Jessie** completed her STARZ report and visited with other M2Mers for a few minutes. **Jessie** told us that **Lexi** is sitting up all by herself and has begun to scoot around on the floor. **Jessie** describes **Lexi** as a "happy baby," who is also a "mama's girl." As for Mama **Jessie**, she will begin classes at Metro Business College in Cape Girardeau in September.
- **Rachelle Bennett**. Now that **Lexi's** surgery is over, **Rachelle** and her family can wholeheartedly enjoy the remainder of the summer. **Lexi** was up and playing a few days after the surgery and will return to St. Louis Children's Hospital next month for a check up. **Rachelle** and **Chris** plan to make that trip more fun for their daughter with a visit to the zoo and food and fun at Chuck-e-cheese. In the meantime, as **Rachelle** says, "We are just enjoying summer and spending time together."

- **Elizabeth Bryant.** Elizabeth's daughter, **Heather**, got into the "swim of things" at our recent pool party. According to her mother's **Starz** report, **Heather** is into lots of things these days, as she is learning to walk on her own two feet but still prefers to hang onto her mother's hand for support. **Heather** is also learning to talk and can say *hi*, *oh* and *no*.
- **Heather Rodgers.** **Sarah** brought her parents to our pool party. It took both **Heather** and **Travis** to keep up with her, as **Sarah** literally "took to the water like a fish." Just like a fish, she did not want to leave the water when it was time to go home, and she told her mommy and daddy that she "no weddy to go." In addition to her love for the water, **Sarah** is also interested in academics, such as the numbers she counts, the letters of the alphabet that she can recite, and the colors she identifies with ease. We are very proud of **Sarah's** mother, **Heather**, who has already found a job at a health clinic. We wish her well as she tests on August 2 for her certification as a licensed practical nurse.
- **Kelli Oliver.** **Garrett** brought his mom and dad, **Kelli** and **Matt**, to our swim party. Every new day holds adventures for this young man, who is now seventeen months old. When at home, he loves to ride around the yard on his Power Wheels "Gator." **Garrett** also likes animals and can mimic many of their sounds. After spending the afternoon in the water at our pool party, he was more than ready for bed that night but not before another reading of his favorite book, *Good Night, Moon*.
- **Tate Midkiff.** **Tate** has used her summer vacation away from school by devoting lots of time to her daughter, **Faith**, who recently took her first steps. **Tate** wrote on her STARZ form, "**Faith's** steps were not massive ones, but she moved on her own." **Faith** is also beginning to feed herself, and she is already a graduate of her first Bible School class. According to **Tate**, **Faith** had lots of fun at the church school, learning the actions to several songs and dancing along with her classmates.

### Hear Ye! Hear Ye! Hear Ye!

- **HALF-PRICE SALE in the M2M BABY BOUTIQUE.** Get twice the bang for your Baby Bucks!
- Warning: **DO NOT LEAVE YOUR CHILD ALONE IN YOUR CAR!** Since 1998, 450 children have died in cars as a result of hyperthermia. If you think this senseless tragedy couldn't happen to you, think again!
- **BIRTH CONTROL** pills and the Nuva Ring, PAP smears, and a variety of health services are available at an **AFFORDABLE COST** through **TWO SOURCES**: the Stoddard County Health Center in Bloomfield at 568- 4593 and DAEOC's Women's Healthcare Services in Dexter at 624-8773.
- **REMEMBER** that taking antibiotics may diminish the pill's effectiveness and that an alternative method of birth control should be used. If you miss taking a birth control pill for two days in a row you should talk with your doctor or health unit immediately for further instructions. The strength of each birth control pill is formulated to prevent conception for only 24 hours, so it is **ABSOLUTELY NECESSARY THAT YOU TAKE YOUR PILL AT THE SAME TIME EACH DAY.**

### Dates to Remember

- **Tuesday, August 3:** Join us at Cox Corner at 6 p.m. for our M2M Playgroup this month. Learn how to use a beach ball to have fun with your baby and help him or her develop new skills and gain strength. Melanie Stoelting from Dexter PAT will present this program. These techniques are guaranteed to be lots of fun for both parents and children and can be used with newborn babies as well as toddlers and older children. **Melanie will also be making Dexter PAT appointments for the coming year on a first-come-first-serve basis.**
- **Friday, August 20:** SCHC Baby Shower at the health center at 11 a.m.
- **Saturday, August 21:** Join the champions for the third annual M2M Baby Olympics at Cox Corner at 10:30 a.m. We will have **COMPETITIONS for ALL AGE GROUPS**, from the wee ones on up. We might even have a few contests for the moms and dads! **ENTER YOUR CHILD TODAY** by filling out the form that we have attached and returning it to an M2M staffer.
- **Monday, August 23:** Scrapbooking/Mom's Night Out @ Cox Corner @ 6 p.m. Bring your photos and make some memories!

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