



A not-for-profit organization, Dexter Community Regional Healthcare Foundation was formerly known as the Dexter Community Hospital and maintained an active medical staff from 1969 to 1999 when the operation of the facility was leased to a for-profit corporation. Today Southeast Health of Stoddard County operates the hospital and leases the facility from the Foundation.

Dexter Community Regional Healthcare Foundation strives to promote health and wellness through its relationship with Southeast Health of Stoddard County and through the Foundation's diverse community programs.

Please feel free to contact us for further information and to receive information on how to become a member of the Foundation.



Dexter Community Regional Healthcare Foundation

Executive Director

Melinda Sweeney

Executive Secretary

Kellie Reese

Prescription Drug Assistance

Kay Ables
Carla Boxdorfer
Judy Corbin
LeVeda Scates

Mother to Mother

Rachelle Bennett
Nancy Bridges
Dawna Carter
Sherry Dukes
Teresa Overall
Kellie Reese

Receptionists

Judy Corbin
Kay Ables



Dexter Community Regional Healthcare Foundation



215 W. Grant Street
Dexter, MO 63841
Phone: 573-624-1607
Fax: 573-614-4908
info@regionalhf.org

Website
www.regionalhf.org





Dexter Community Regional Healthcare Foundation

..... a vision of healthy people living in healthy communities

PRESCRIPTION DRUG ASSISTANCE

The Prescription Drug Assistance program helps individuals receive **free** name brand medications from the pharmaceutical companies. Individuals may qualify for the program if they cannot afford to pay for the medications, do not have prescription drug insurance or are under-insured, and meet the income guidelines determined by the pharmaceutical companies. For more information please visit www.regionalhf.org, or call the Foundation office at 573-624-1607. There are no fees charged for this program.

FITNESS CHALLENGE (WEIGHT LOSS)

The **Fitness Challenge Program** runs from January through April each year. Teams of three sign up to lose weight, have fun and compete for prizes. There is no charge to join. Teams must choose a name and weigh in weekly. Each team's percentage of weight loss will be charted weekly to determine the final winners. All personal weights are confidential. Cash prizes are awarded for 1st, 2nd & 3rd place teams and for the male and female who lose the greatest number of pounds. Handouts about nutrition and health are provided each week.

MOTHER TO MOTHER (M2M)

Mother-to-Mother is a four-phase, incentive-based mentoring program that supports pregnant or parenting young women in Stoddard County. The program offers incentives for mothers to earn baby supplies, equipment, and clothing; introduces participants to additional services in the community; offers encouragement and advice while participants continue their education and obtain employment; and offers regularly scheduled activities that promote participants' parenting and social skills. M2M is funded by the Missouri Foundation for Health, Children's Trust Fund, the Neighborhood Assistance Program and Give Back Brands. Additional support is welcomed and received from churches, community organizations, individuals and local businesses.

SPECIAL ASSISTANCE PROGRAMS

Funds are available to assist qualifying Stoddard County residents with medical supplies. This program helps people who have non-medicine medical needs not covered by insurance.

GRANTS AND SCHOLARSHIPS

Regional Healthcare Foundation offers grants and scholarships to encourage and assist Stoddard County residents entering healthcare professions.

\$4000 Regional Healthcare Foundation Scholarship

Stoddard County High School Seniors who are pursuing post-secondary education in a four-year college or university and planning to enter a healthcare field may apply.

Julie Minton Memorial Grant Non-Traditional Student Scholarship

Stoddard County residents who are continuing their education while actively employed by a healthcare provider or organization in Stoddard County may apply for the Julie Minton Memorial Grant or the Scholarship for Non-Traditional Students. Award amounts will vary.

RHF at COX CORNER

RHF at Cox Corner features rental of the Plantation Room for groups of 75 or less. The garden area is also available. Please call 573-624-1607 for more information.