

Mother-to-Mother (M2M) is named for the program's mentoring component that pairs our participants with experienced mothers who are trained to provide advice and emotional support.

Modeled after the Missouri Volunteer Resource Mothers Program developed at the University of Missouri; our program began in 2001. At that time the program had one staff member and a few young moms. Today M2M has on average 30-40 young moms and 50-60 children.

Our Mission...

is to create healthy young families through education and support services in partnership with the community.



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For more information, please call or stop by the office.

Monday - Thursday
9AM-12PM and 1PM-5PM



Mother-to-Mother

A Community-Based
Program for Pregnant and
Parenting Young Women
*through the Dexter Community
Regional Healthcare Foundation*

*Providing support that
builds independence.*



Mother-to-Mother...

- is a four-phase mentoring program.
- supports pregnant or parenting young women in Stoddard County.
- provides incentives for mothers to earn baby supplies, equipment and clothing.
- introduces participants to additional services in the community.
- offers encouragement and advice while participants continue their education and obtain employment.
- offers regularly scheduled activities that promote participants' parenting and social skills.

MAMA



What M2M Moms are Saying

“Being a part of the M2M program has been the biggest blessing. I am a single mom of two girls. I came down here and started over. M2M community was there for me when I needed it most. The people are amazing. They give loving, motherly advice and they are a great support group. I would recommend this group to any mom.”

Participant Qualifications

- resident of Stoddard County, MO
- pregnant with her first child or has a child under the age of one
- 24 years or younger
- has or is working toward obtaining high school diploma or HSE certificate
- has no legal issues

“I joined Mother-to-Mother as a scared mom, worried about how I was going to manage physically and financially with how expensive a baby really is. This program not only welcomed me with open arms they assisted me in joining other programs as well that would help my child with development from birth on.”

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Additional support is welcomed and received from generous churches, community organizations, and individuals.