

Dexter Community Regional Healthcare Foundation's  
Mother-to-Mother Program is offering....



*Stoddard County  
Healthy Families*

*Open to Stoddard County Parents and Grandparents who are expecting  
or have a little one under a year old*

---

**Attend one 90-minute session.**

*Learn About*

**PERIOD OF P.U.R.P.L.E. CRYING    POST-PARTUM DEPRESSION**  
**INFANT SAFE SLEEP**

*Receive*

**SAFE SLEEP KIT    \$30 WALMART GIFT CARD**

---

**To Participate, call 573-624-1607 and speak to a  
Mother-to-Mother staff member.**

In conjunction with  
**Bootheel Babies and  
Families**

Funded by **Missouri  
Foundation for Health**